

Chapter 35

COX & FRIENDS

(COURTENEY COX)

When I sat down with Courteney in the summer of 2004 in a cozy suite at the Regent Beverly Wilshire Hotel, it was not long after she and then-husband David Arquette (Patricia's brother) had welcomed their daughter Coco into their lives. I'd already had an opportunity to speak with Brooke Shields about her postpartum issues, so it seemed natural to ask Courteney if she could relate.

Like the Arquettes, Courteney has also struck me as someone who doesn't particularly give a crap what others think of her. While I'm sure she has her insecurities as we all do, she typically radiates a still confidence. Her answers to my interview questions were delivered with a refreshing honesty. But I admit I never expected for her to tell me—on-the-record with my tape recorder rolling—that not only had she experienced postpartum depression, but that she'd thought about driving her car right off the road to end it all!

“We all have this dark side of our personality when you're on Mulholland Drive and you're like, ‘Well, I'm just going to drive over (the edge),’ ” she said matter-of-factly. *Wow!* While what she said was very relatable to me, I knew this was just the kind of sensational statement that would be picked up everywhere. And it was. *Access Hollywood* made it their lead story the night my article came out in *USA Today* (and then offered me a producer job which I turned down). Not everyone, however, was applauding my scoop.